



SANCTUARY

NAM NGUM BEACH RESORT



ACTIVITY GUIDE

WWW.SANCTUARYHOTELSANDRESORTS.COM

CONTENTS

BOAT TOUR PACKAGES

P2

- OUR SIGNATURE BEST SELLERS • P2
Karaoke Boat Cruise / Speedboat Cruise for Two /
Boat Fishing
- CUSTOMIZED BOAT PACKAGES • P3
Lunch Cruise (4h) / Lunch Cruise (2h) /
Sunrise Cruise (2h) / Sunset Cruise (2h)
- CUSTOMIZED ONE-OF-A-KIND PACKAGES • P4
2H Kayaking Tour / 2H Guided Walking Tour /
2H30 Guided Biking Tours

NAUTICAL ACTIVITIES

P5

- Jet ski / Kayaking / Stand up paddle P5
/ Paddle boat / Net fishing

OTHER ACTIVITIES

P6

- CULINARY ACTIVITY • P6
2H Cooking class
- COMPLIMENTARY SPORT ACTIVITIES • P6
Bicycles / Badminton – Petanque – Volleyball
/ Yoga
- KIDS WORLD • P7
Giant Beach Games / Kids Club / Beach Tea Party
- EVENING ACTIVITY • P7
Open Air Cinema

VANG VIENG ACTIVITIES

P8

- MULTI ACTIVITY HALF DAY TOURS • P8
- MULTI ACTIVITY FULL DAY TOURS • P9
- AIR BALLOON & PARAMOTOR • P10
- BUGGY TOUR • P10



BOAT TOUR PACKAGES



OUR SIGNATURE BEST SELLERS

NNRBDW - K

• KARAOKE BOAT CRUISE •



Get on board our karaoke sala boat and whilst weaving through the islands, try yourself at the mic. Bring your family and friends and sing your heart out around the Nam Ngum lake.

Notes: Tour bookable by the hour

Tour available all year round except in case of force majeure (weather,...) or security matters related to the lake water level

Included:

- Karaoke equipment (available in all languages)

Additional services:

- BBQ Lunch: 10\$/pers
- Menu à la carte on board
- Free drinking water and welcome drink upon arrival on board
- Bar Menu on board for alcoholic - soft drinks - cocktails - fruit shakes
- Free flow Beer Lao and Soft Drinks: 8\$/pers/hr
- Free flow Beer Lao, Soft Drinks, Wine : 15\$/pers/hr

Prices per boat - Max 15 pers.

▶ Private Tour NNBDW-K

▶ Join In Tour NNBDW-K

(upon request only and min 6 pers)

25\$ /hour

5\$ /pers

NNRBDW - SB

• SPEEDBOAT CRUISE FOR TWO •



Hop on this private VIP lake cruise and explore the islands around the Nam Ngum Lake.

Notes: Tour bookable by the hour

Tour available all year round except in case of force majeure (weather,...) or security matters related to the lake water level

Included:

- Romantic / Aperitif set up
- 1 x bottle sparkling Wine and finger food

Prices per boat per hour - 1h - Max 2 pers.

▶ Private Tour NNBDW - SB 90\$ /hour



NNRBDW - BF

• BOAT FISHING •



Boat fishing is not necessarily all about the fishing, it's about being on the lake and enjoying a half day's boating at the same time. Fishing remains a popular activity where you can kick back and enjoy some time with your friends and family. An activity that can be very relaxing, as well as rewarding!

Included:

- Rods, bait, drinking water, tea/coffee on board

Tour available all year round except in case of force majeure (weather,...) or security matters related to the lake water level

Net Prices Per Pers - Max 6 pers.

▶ 2 Hours

Prices: 1 pers: 25\$ - 2 > 3 pers: 20\$ - 4 > 6 pers: 15\$

▶ Half-day

Prices: 1 pers: 45\$ - 2 > 3 pers: 40\$ - 4 > 6 pers: 30\$



CUSTOMIZED BOAT PACKAGES

NNRBDW01

• LUNCH CRUISE (4H) •



PRIVATE TOUR A

10am: Embark on our sala boat at Sanctuary Nam Ngum pier

Enjoy a cruise through the islands and observe the life by its banks. Discover the different local fishing techniques and rice production in this part of Laos

11.45: The boat will dock by one of the many islands and a BBQ lunch will be served. Time will be given for those wishing to swim in the lake's waters or try yourselves at fishing like the locals

1.30pm: The boat sets off once again and begins his return towards the resort. Picture the dried fish preservation method whilst weaving through the islands

2pm: Arrival at Sanctuary Nam Ngum Beach holiday village resort

Notes: Tour available all year round except in case of force majeure (weather,...) or security matters related to the lake water level

Included:

- Drinking water, BBQ Lunch or Lao Set Menu

PRIVATE TOUR B

10am: Embark on our sala boat at Sanctuary Nam Ngum pier

Enjoy a cruise through the islands and observe the life by its banks. Discover the different local fishing techniques and rice production in this part of Laos

Noon: A choice of BBQ lunch or Lao set Menu will be served on board (preferred choice to determine at time of booking)

12.45 pm: Head back towards Tha Heua Village and picture the dried fish preservation method.

1.15pm: In house coffee / tea in Houay Phanom village. Demonstration of weaving techniques.

2pm: Arrival at Sanctuary Nam Ngum Beach holiday village resort

Prices per pers - Min 2 pers. Max 15 pers.

► **Private Tour NNBDW01 - A**

Prices: 2 > 4 pers: 45\$ - 5 > 7 pers: 40\$ - 8 > 15 pers: 30\$

► **Private Tour NNBDW01 - B**

Prices: 2 > 4 pers: 50\$ - 5 > 7 pers: 45\$ - 8 > 15 pers: 35\$

***Child (<12): -50% to above rates**

NNRBDW02

• LUNCH CRUISE (2H) •



11.30am: Embark on our sala boat at Sanctuary Nam Ngum pier

Enjoy a cruise through the islands and observe the life by its banks. Discover the different local fishing techniques and rice production in this part of Laos.

Noon: A Lao set menu lunch will be served on board

1 pm: Head back towards Tha Heua Village and picture the dried fish preservation method whilst weaving through the islands

1.30pm: Arrival at Sanctuary Nam Ngum Beach holiday village resort

Notes: Tour available all year round except in case of force majeure (weather,...) or security matters related to the lake water level

Included:

- Drinking water, Lao set menu lunch

Prices per pers - Min 2 pers. Max 15 pers.

► **Private Tour NNBDW02**

Prices: 2 > 4 pers: 38\$ - 5 > 7 pers: 35\$ - 8 > 15 pers: 30\$

***Child (<12): -50% to above rates**

NNRBDW03

• SUNRISE CRUISE (2H) •



6am: Embark on our sala boat at Sanctuary Nam Ngum pier

Enjoy a cruise through the islands and observe the life by its banks. Discover the different local fishing techniques and rice production in this part of Laos whilst contemplating the fisherman that set off early morning to their fishing spots.

Whilst on board, you will be served coffee or tea and a few sweet snacks

8am: Return at Sanctuary Nam Ngum Beach holiday village resort to enjoy breakfast

Notes: Tour available all year round except in case of force majeure (weather,...) or security matters related to the lake water level

Included:

- Drinking Water, Food and beverages as per described in tour

Prices per pers - Min 2 pers. Max 15 pers.

► **Private Tour NNBDW03**

Prices: 2 > 4 pers: 35\$ - 5 > 7 pers: 30\$ - 8 > 15 pers: 25\$

***Child (<12): -50% to above rates**

NNRBDW04

• SUNSET CRUISE (2H) •



4pm: Embark on our sala boat at Sanctuary Nam Ngum pier

Enjoy a cruise through the islands and observe the life by its banks. Discover the different local fishing techniques and rice production in this part of Laos.

Whilst on board, you will enjoy a selection of homemade house cocktails (with or without alcohol) or soft drinks and a variety of fresh Lao finger foods.

6pm: Return at Sanctuary Nam Ngum Beach holiday village resort

Notes: Tour available all year round except in case of force majeure (weather,...) or security matters related to the lake water level

Included:

- Drinking Water, Food and beverages as per described in tour

Prices per pers - Min 2 pers. Max 15 pers.

► **Private Tour NNBDW04**

Prices: 2 > 4 pers: 35\$ - 5 > 7 pers: 30\$ - 8 > 15 pers: 25\$

***Child (<12): -50% to above rates**



CUSTOMIZED ONE-OF-A-KIND PACKAGES

PACKAGE NNRL01

• 2H KAYAKING TOUR •



2 SESSIONS PER DAY: 9AM-11AM // 2PM-4PM

- Set off from the Resort and observe the life by the Nam Ngum banks. Discover the different local fishing techniques, the traditional fishing nets and dried fish preservation method by paddling amongst the numerous islands
- Dock at Houay Phanom village and enjoy an in-house tea/ coffee break with a local family
- Demonstration of weaving techniques.
- Once back in your kayak, return to the Sanctuary Nam Ngum Beach Resort.

Notes: Tour available all year round except in case of force majeure (weather,...)

Included: Local non English- speaking guide, Drinking Water, Coffee/Tea

Prices per pers - 2-10 Pers max - Private. 12\$

PACKAGE NNRL02

• 2H GUIDED WALKING TOUR •



2 SESSIONS PER DAY: 8AM-10AM // 2PM-4PM

- Set off from the Resort
- Pass by the local primary school.
- Visit of the local market.
- Visit of the local fish stall displays.
- Visit of the dried fish preservation method.
- Head back towards the Resort and observe:

- Fish filleting demonstration
- Preparation of 3 fish recipes
- Food tasting

Notes: Tour available all year round

Included: Local or English speaking guide, Drinking Water

Prices per pers (FIT/GIT) - 2-10 Pers max - Private 14\$

PACKAGE NNRL03

• 2H30 GUIDED BIKING TOURS •



2 SESSIONS PER DAY: 8AM-10AM // 2PM-4PM BIKING TOUR A

- Set off from the Resort
 - Pass by the local primary school and pay a visit to the children (on school days).
 - Visit of Tha Heua local market and the village temple.
 - Observe the local fish stall displays within town.
- *Stop off at the dry fish market famous here in the region and a must stop for local travellers.
- Stop off in Houy Pa Mom village for a coffee/tea break in a local home and admire the art of handweaving.
 - Visit of a Hmong village just off the banks of the Nam Ngum lake.
 - Cycle back to the Sanctuary Nam Ngum Beach Resort.

BIKING TOUR B

- Set off from the Resort
 - Pass by the local primary school and pay a visit to the children (on school days).
 - Visit of Tha Heua local market and the village temple.
 - Observe the local fish stall displays within town.
- *Stop off at the dry fish market famous here in the region and a must stop for local travellers.
- Stop off in Houy Pa Mom village to visit Posa handicraft centre. Tea/coffee will be suggested upon arrival.
 - Try yourself at the creation of your very own paper fan and keep your creation with you as souvenir!
 - Cycle back to the Sanctuary Nam Ngum Beach Resort.

Notes: Level: Easy Biking - 16km

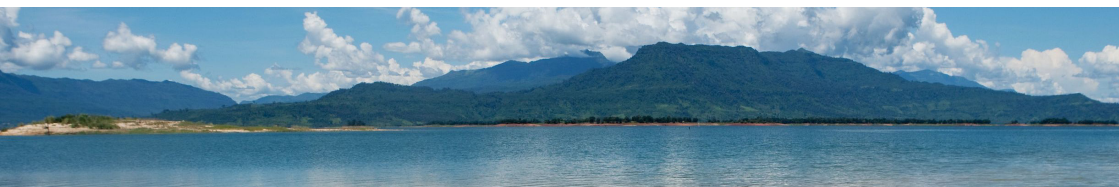
Included: Drinking water, coffee/tea, local or English-speaking guide

► Package NNRL03-A - Price: 12\$

Notes: Easy Biking - 10km

Included: Drinking water, coffee/tea, local or English-speaking guide

► Package NNRL03-A - Price: 16\$





NAUTICAL ACTIVITIES

TIMINGS: 8AM TO 6PM

NAUTICAL ACTIVITY

• JET SKI •



Discover Jet skiing in Vang Vieng for your holiday! We offer 3 Jet Ski rentals (from 20 minutes to a full day). For your enjoyment, our latest generation jet skis' will take you along the lake to combine not only fun but give you the chance to observe the beautiful scenery.

Notes: Available all year round except in case of security concerns due to the lake water level between mid April and September.

NET PRICES PER JET SKI. 10 MN: 16\$ 20 MN: 27\$ 30 MN: 34\$ 1H: 62\$

NAUTICAL ACTIVITY

• KAYAKING •



The Nam Ngum lake is the ideal spot to hire a kayak and explore the surroundings at your own rhythm. Paddle through the islands, soak in the peaceful atmosphere and enjoy the landscapes that are really mind-blowing.

Notes: Available all year round.

NET PRICES PER KAYAK. FULL DAY: 19\$ HALF DAY: 11\$ 1H: 5\$

NAUTICAL ACTIVITY

• STAND UP PADDLE •



The lake body of water is a true playground for stand up paddlers. Light wind, calm waters and stunning scenery makes the Nam Ngum reservoir the ideal boarding location!

Notes: Available all year round.

NET PRICES PER STAND UP PADDLE. FULL DAY: 19\$ HALF DAY: 11\$ 1H: 5\$

NAUTICAL ACTIVITY

• PADDLE BOAT •



Have a good time as a couple or family on the Nam Ngum Lake. The paddle boat is a great way for all to set out on a ride and appreciate the peaceful surroundings of Laos's biggest lake.

NET PRICES PER PADDLE BOAT. FULL DAY: 19\$ HALF DAY: 11\$ 1H: 5\$

NAUTICAL ACTIVITY

• NET FISHING •



Become a real fisherman and try yourself at launching the 4m circular net following local techniques and retrieve the hoped captured fish. A great moment to experience the locals' expertise and daily life around the reservoir.

Notes: A local non-English-speaking fisherman will share his ancestral techniques.

NET PRICES PER PERS. Min 2 pers : 5\$ | Duration: 1 hour



CULINARY ACTIVITY

CULINARY ACTIVITY

• 2H COOKING CLASS •

2 Sessions per day: 10am-Noon // 3pm-5pm

Our four-course cooking class led by our talented chefs are an invitation to an exciting and inspiring journey into the heart of local culinary traditions. Surprise your friends and family upon your return and make them try out Lao delicacies. **Included:** Local or English-speaking guide.

NET PRICES PER PERS. Min 2 pers : **25\$** | Duration: 2 hours



COMPLIMENTARY SPORT ACTIVITIES

FREE OF CHARGE FOR ALL INSIDE GUESTS

SPORT ACTIVITY

• BICYCLES •



Hop on your bike and head towards new horizons.

The hotel offers complimentary use of bicycles for both adults and children to allow you to explore, at your own pace, the various trails along the Lake. Enjoy, breathe in, listen and observe... the flora is punctuated with small areas full of surprises.

SPORT ACTIVITY

• BADMINTON - PETANQUE – VOLLEYBALL •



Join our daily recreation activities for adults and children of all ages to enjoy. These sports are the locals favourite and most popular. Good times guaranteed.

Notes: Equipment at disposal on site at the reception.

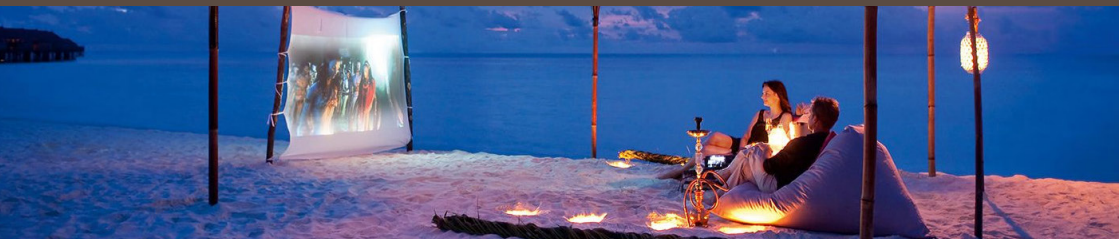
SPORT ACTIVITY

• YOGA •



May it be on our sandy beach or on your terrace facing the lake, grab yourself a mat and embrace the good vibrations and energy around you.

Notes: Mats available at the reception.



EVENING ACTIVITY

• OPEN AIR CINEMA •

We offer in a cosy atmosphere open air screenings every Friday and Saturday evening on the beach. We showcase English, Thai and Lao films so stay on the lookout for our programming.

Notes: Available all year round except in case of bad weather conditions or if the water level is too high and beach space restricted.

KIDS WORLD



• GIANT BEACH GAMES •

(from age 4 and up)

Enjoy as a family our beach games: from beach croquet, to racquetball to ring toss games, fun and laughter is a guarantee for young and old alike.

• KIDS CLUB •

(from 2 to 12 years old)

We look after your children whilst you relax. Kids can choose from an array of interesting board - games & soft toys to play with whilst under the supervision of our minders.

Open from 10am to 12pm
→ ADDITIONAL CHARGE IN
NON ALL-INCLUSIVE FORMULA:

5\$ /child

• BEACH TEA PARTY •

(from 2 to 12 years old)

Children can enjoy a healthy and delightful afternoon beach snack whilst given the chance to dress up in costumes for a very own fancy dress afternoon

From 4pm to 5pm
→ ADDITIONAL CHARGE IN
NON ALL-INCLUSIVE FORMULA:

5\$ /child



VANG VIENG ACTIVITIES



• MULTI ACTIVITY HALF DAY TOURS •

- **From 8am to 12.30pm**
(Included: roundtrip trip to Vang Vieng)
- **From 8am to 12.30pm**
(Included: roundtrip trip to Vang Vieng)

Included:

- Life jacket – Drinking Water – Waterproof bag.
- Extra safety equipment for zipline tours (shoes, helmet) + Guide + Entry tickets + transport

Suggested to bring: Suncream, Camera, trekking shoes, towel

01. KAYAKING

Price per pers. **32\$**



02. KAYAKING + NON CAVE

Price per pers. **36\$**



03. KAYAKING + BLUE LAGOON 1

Price per pers. **37\$**



04. VANG VIENG ROCK CLIMBING

Price: 1>2 pers.: **54\$** - 3>4 pers.: **49\$** - 5>10 pers.: **47\$**



05. TUBING ON THE NAM SONG RIVER

Price per pers. **32\$**



• SPECIAL ZIPLINE FOCUSED ACTIVITIES •

1. ZIPLINE ONLY

Price per pers. **36\$**

02. ZIPLINE > NON CAVE (TUBING INSIDE THE CAVE)

Price per pers. **41\$**

03. ZIPLINE > BLUE LAGOON 1

Price per pers. **41\$**

4. ZIPLINE > KAYAKING

Price per pers. **39\$**

05. ZIPLINE > WATERFALL (MIN 2 PERS)

Price per pers. **50\$**

06. ZIPLINE > TUBING ON THE NAM SONG RIVER

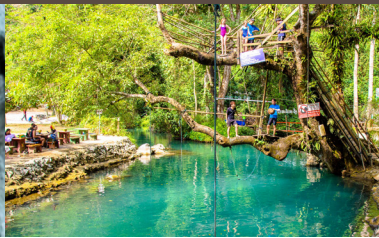
Price per pers. **40\$**

07. ZIPLINE > KAYAKING > BLUE LAGOON 1

Price per pers. **43\$**

08. ZIPLINE > ELEPHANT CAVE > BLUE LAGOON 1

Price per pers. **43\$**



VANG VIENG ACTIVITIES



• MULTI ACTIVITY FULL DAY TOURS •

• From 9am to 5pm

(Included: roundtrip trip to Vang Vieng)

01. WATER CAVE + ELEPHANT CAVE + KAYAKING

Price per pers. **38\$**

03. KAYAKING + CAVE TUBING + BLUE LAGOON 1

Price per pers. **43\$**

05. FULL DAY ROCK CLIMBING

Price per pers. **64\$**

Included:

- Life jacket – Drinking Water – Waterproof bag – Lunch
- Extra safety equipment for zipline tours (shoes, helmet)
- + Guide + Entry tickets + transport

Suggested to bring: Suncream, Camera, trekking shoes, towel

02. WATER CAVE + ELEPHANT CAVE + KAYAKING+ BLUE LAGOON 1

Price per pers. **43\$**

04. TREKKING + BIG WATERFALL

Price per pers. **59\$**

06. TREKKING + SMALL WATERFALL

Price per pers. **47\$**

• SPECIAL ZIPLINE FOCUSED ACTIVITIES •

01. ZIPLINE > KAYAKING > NON CAVE > BLUE LAGOON 1

Price per pers. **45\$**

03. ZIPLINE > KAYAKING > NON CAVE > BLUE LAGOON 3

Price per pers. **52\$**

05. ZIPLINE > TUBING > BUGGY 1 CAR > BLUE LAGOON 3

Price per pers. 1 pers **70\$** – 2 pers **93\$**

02. ZIPLINE > WATER CAVE > ELEPHANT CAVE > KAYAKING > BLUE LAGOON 1

Price per pers. **46\$**

04. ZIPLINE > BUGGY 1 CAR > BLUE LAGOON 1+3

Price per pers. 1 pers **63\$** – 2 pers **69\$**

06. ZIPLINE > TUBING > BLUE LAGOON 1

Price per pers. **45\$**





VANG VIENG ACTIVITIES



OTHER ACTIVITY

• AIR BALLOON & PARAMOTOR •

Wish to be marvelled from above by the amazing scenery and landscapes of Vang Vieng? Then the hot air balloon is definitely your option. The green mountains and the famous limestone formations of the area are worth the ride.

Flights timings:

Morning: From 5.30AM / Afternoon: From 4PM

Included:

- Roundtrip to Vang Vieng.

Notes: Tour may vary depending on meteorological conditions (wind, visibility, turbulences, rain ...)

DURATION: Air Balloon: 30 minutes | Paramotor: 15 minutes

PRICE PER PERS: ADULT 150\$ | CHILD 80\$



OTHER ACTIVITY

• BUGGY TOUR •

Revel in an adventure. Make the most of Vang Vieng's major sites

Included: Roundtrip to Vang Vieng.

PRICE PER PERS (MAX 2 PERS. PER BUGGY): 1h: 52\$ | 2h: 73\$ | 3h: 85\$ | 4h: 98\$ | 5h: 103\$





SANCTUARY

NAM NGUM BEACH RESORT



BAN THA HEUA, VANG VIENG, LAO PDR

Tel +856 20 55 978 676

Information info@sanctuaryhotelsandresorts.com

WWW.SANCTUARYHOTELSANDRESORTS.COM