

MOUNT NELSON

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A BELMOND HOTEL
CAPE TOWN

INSIDE OUR WALLS



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WINING AND DINING

OASIS

Breakfast, 06h30 - 10h30

Seasonal lunch from Monday to Saturday, 12h00 - 15h00

Summer dinner from Thursday to Monday, 19h00 - 23h00

Immerse yourself in the vibrant flavors of Cape Town with our dinner concept, celebrating the provenance of summer in the Western Cape. Sourced within the boundaries of Cape Town Municipality or the Western Cape. The dishes are prepared over wood flames, hot coals, or the warmth of smoke, giving you the authentic taste of Cape Town. For a lunch experience like no other, indulge in al fresco dining amidst our serene surroundings.

SUNDAY JAZZ BRUNCH AT OASIS

12h00 - 15h00

Sunday brunches are for swinging to jazzy musical feasts at The Nellie. Add a champagne sparkle with an option for unlimited bubbly. Access to the professionally supervised Children's Club is also included for little ones, so you can sit back and start your Sunday in style. Book via [Dineplan](#)

AFTERNOON TEA

Wednesday to Sunday, 12h00 - 14h00 and 15h00 - 17h00

Enjoy the most iconic Afternoon Tea in Africa. Head Pastry Chef, Vicky Gurovich and South Africa's first expertly trained tea sommelier, Craig Cupido, have curated a menu that presents five delicacies from the tea service, with a perfectly matched global tea pairing. "Tea at the Nellie" has become a much loved Cape Town tradition. Vegan, gluten-free and kids options available. Book via [Dineplan](#)

HARVEST TABLE

Available year-round, subject to availability

In the gardens accompanied by a selection of seasonal and innovative multi-cultural dishes served family-style to the table. Perfect for any celebration or just a long lazy lunch with friends and family. Picnics are available from October to April, weather dependent, from Wednesdays to Sundays, 12h00 - 18h00

THE VERANDAH

Dinner, 18h30 - 23h00

Experience the culinary brilliance of the Verandah menu, a hyper-seasonal delight that changes every two weeks. With a focus on showcasing the finest ingredients at their peak, this three-course à la carte menu offers an unforgettable dining experience. Book via [Dineplan](#)

THE LOUNGE

Lunch, 12h00 - 15h00

Lunch can be enjoyed in The Lounge from an all-day à la carte menu. Book via [Dineplan](#)

CHEF'S TABLE

Tuesday to Saturday, seating at 19h00

Feel the creative energy as you witness this talented team in full-throttle action. It's all about interacting; talk to the chefs about their specialities, discover stories behind the recipes and the local, seasonal ingredients. Join our chefs on this authentic journey, each one different from the last. Come away deliciously satisfied with an enriched understanding of a dynamic kitchen. Book via [Dineplan](#)

PLANET BAR

Daily from 12h00

Relax in this stylish bar, a favourite among discerning Capetonians. People-watch from the terrace in summer or curl up by the fire in winter, choosing from a superb menu of wines, spirits, some signature cocktails and light dishes.

THE RED ROOM BY CHEFS WAREHOUSE

Restaurant open daily from 18h00 to 22h30

Bar open daily from 16h30 to late

Kitchen closes 21h30

Enter through an exclusive side entrance and down an evocatively lit stairway, entering a forgotten room shielded from time. Fragrant sharing plates gem the rotating tables as mixologists create crystalline cocktails. Opt for small plates in the opulent bar, or a set menu feast in the sumptuous dining room. Book via [Dineplan](#)

MOUNT NELSON



COMPLIMENTARY WEEKLY ACTIVITIES

Six different complimentary activities are offered on a daily basis. Comprising of tastings, tours, yoga and bootcamp sessions. The schedule will be confirmed upon check-in and available to book via concierge.

SOUTH AFRICAN BEVERAGE EXPERIENCE

Trial some of South Africa's finest, with the beverage changing weekly look forward to exciting gins and exceptional local wines. Hosted in the Planet Bar.

MOUNT NELSON GARDEN TOUR

A walking tour of iconic trees in the tranquil gardens of the Nellie, which reveal fascinating threads of Cape Town's history. Meet in the Lobby.

COFFEE AND CHOCOLATE EXPERIENCE

Hosted by our expert Barista, Jeighman. Hosted at the barista counter.

BOOTCAMP

Sessions with renowned fitness coach, JP. With sessions focusing on HIIT, cardio boxing and conditioning, it's the ultimate way to increase your fitness.

MOUNT NELSON HISTORY & ARCHITECTURE TOUR

Peek behind the scenes into the inner workings of Mount Nelson in its 125th year. Find hidden gems in the vast gardens and discover the myths and legends that stitch the Nellie together. Meet in the Lobby.

OUTDOOR YOGA

Stay strong, fit and flexible. Offered in the tranquil gardens. Meet at the Gym.

Subject to change.



RELAX AND KEEP FIT

LIBRISA SPA

Housed in stylishly restored Victorian heritage homes, our serene spa offers rejuvenating rituals inspired by African healing techniques and nourishing botanicals. Choose from a blissful range of massages, body wraps, facials and bath soaks, as well as dedicated treatments for teenagers. Enjoy eight treatment rooms, a tranquil conservatory, plunge pool, steam room and sauna.

POOL CABANAS

Indulge in the epitome of exclusivity! Secure an all-day sanctuary for up to six guests, open to both residents and non-residents. Our cabana promises a lavish and private escape, designed for you to relax and relish the day in style. Enjoy a wealth of amenities and curated services that redefine luxury, ensuring an unforgettable experience. Weather dependent.

SWIMMING POOL

Relax and soak up the views from our heated infinity swimming pool. For family fun, our large heated main pool is suitable for all ages. Or find a quiet spot by our heated Garden Cottages pool, reserved for over-16s. During the summer months, refreshments are available from our pool attendants.

FITNESS CENTRE AND CLASSES

Stay strong, fit and flexible by joining one of our complimentary group bootcamp classes or book a one-on-one session for tailored workout. Classes are held in our studio or al fresco in the gardens. Looking to tone up or increase your fitness? Visit our gym any time, using your room key card, to work out on cardio and weight equipment.

TENNIS

Resident tennis coach Barkie McKrea offers lively interactive classes for all levels of tennis, designed to hone your serve, volleys and all aspects of your game. Barkie teaches all ability levels, solo or in groups.

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FAMILY FUN

Our hotel is perfect for family adventures or relaxing stays with your little ones. We offer tasty children's menus and highchairs in the restaurants, a babysitting service on request and an array of activities on offer at our supervised kids club.

KIDS CLUB

Open all year round on Saturday and Sunday, 10h00 - 17h00

Open daily during festive season, 10h00 - 18h00

Closed between 13h00 and 14h00

Children aged 4 to 12 can enjoy a range of creative and engaging activities including mosaic making, biscuit decorating and sand art. Organized activities, from group games to storytelling, take place throughout the day.

IF ONLY TREES COULD TALK

A zippy one-hour self-guided walking tour of iconic trees in the tranquil gardens, of the Nellie, which reveal many fascinating threads of Cape Town's history. Trees such as the eighty Canary Island palms that line the driveway entrance. And the nearly 200-year-old wild Olive Tree have borne silent witness to the colourful ebb and flow of historic events in the Cape and indeed of this historical 125 year-old property.

CAPE TOWN WALKING TOUR

Kate Crane Briggs is an expert in art and architecture, Tailor your 1 hour walking tour to your interests - whether it's history, visual arts, architecture, cuisine or literature. Beginning in the hotel's 123-year-old estate, you'll see the city like never before, including special access to studios and collections not usually open to the public. A typical tour can include, an artist's studio, mosaic workshop, Bo-Kaap, Auwal Mosque and Parliament.



CELEBRATIONS

SPECIAL OCCASIONS

We have a fantastic range of function rooms to suit all occasions, whether you're planning a convivial cocktail party or a buzzing brainstorming session.

HONEYMOONS

Whether feasting on exotic Cape cuisine, soaking up the sun or strolling down fashionable Kloof Street, Cape Town is a newlywed's dream. Spend the day swimming with penguins off Boulders Beach or indulging in a couple's massage at Librisa Spa. Later, set off from the harbour on a Sunset Cruise, champagne in hand, or make it an evening to remember with a table for two at one of our world-class dining venues.

EXPLORE THE GARDENS

OUR GARDENS

With Table Mountain as your backdrop, every moment is momentous. Indulge in afternoon tea by the Garden fountain or savour a light snack with a glass of something chilled. Sit down to a relaxed harvest table lunch or stage a dream celebration on the luxuriant lawns. However you wish to enjoy them, our gardens are sure to leave you with fragrant memories.

SECRET GARDEN

Tucked away behind the pool between palm trees is the Secret Garden, a private space that can be used as an intimate dining area for The Harvest Table or a laidback picnic.

CHEF'S GARDEN

Located near the hotel gym our flourishing Chef's Garden provides our kitchens with both traditional herbs and local delicacies. Featured in our gardens is indigenous Dune Spinach (*Tetragonia decumbens* or 'kinkelbos' in Afrikaans) a salty, low growing shrub can be eaten both raw and cooked.

MIXOLOGIST GARDEN

Blooming edible flowers and fragrant herbs fill the beds of the Mixologist Garden that sits alongside Mount Nelson tennis courts. Filled with flavours waiting to be muddled into The Pink Lady Gin or your next Planet Bar cocktail.

MOUNT NELSON



OUT AND ABOUT

BE A MARINE BIOLOGIST FOR A DAY

Discover the extraordinary world that lives beyond Cape Town's shores in the company of marine biologist, Justin Blake. Experiences ranging from rockpooling to snorkeling. Only at the Nellie can you experience the Atlantic Ocean like a marine biologist. Available all year round, subject to weather conditions.

WILD WINE ADVENTURE

Veer off-piste on a wine tasting jeep trail. Plunging into the famed Constantia Winelands, the scenic tour visits three historic wine estates using private roads. Highlights include tasting the "best Sauvignon Blanc in the world", meeting the region's winemakers and feasting on tapas with sparkling Méthode Cap Classique refreshments.

SIDECAR ADVENTURE

Hop into a chauffeured Mount Nelson pink vintage sidecar and explore Cape Town in timeless style. Head out along Chapman's Peak Drive and soak up the ocean views. Or go west towards the beautiful beaches of Bloubergstrand. Choose from a range of itineraries, from two-hour city tours to full-day excursions. Alternatively customise your own tour. We'll provide riding leathers, helmets, goggles and complimentary bandanas.

CAPE WINELANDS

The Cape Winelands are amongst the most scenic in the world. A visual feast of lush green valleys, rugged mountains, fine cuisine and the world-class wine-producing estates make up the Cape Winelands. The many historic wine estates, characterised by classic Cape Dutch-style buildings with distinctive gables and thatched roofs, and extensive vineyards, date back centuries.

CLASSIC CAR TOURS

Gleaming classic cars are available to chauffeur you around the majestic Cape Winelands, opt for a tasting or lunch. Explore Constantia Valley, famed for its white wines, the picturesque Franschhoek Valley or the world-class estates of Stellenbosch and Paarl.

FYNBOS SUNSET WALK

Nature lovers won't want to miss this tempting two-and-a-half hour tour. Led by an expert guide, set off along the lower slopes of Table Mountain to discover the remarkable diversity of the Fynbos. Later, sundowners high up on the mountainside are the perfect finale.

FIRST LIGHT WALK

The majesty of first light on a dawn walk is something you can't miss, in partnership with Leica Sport Optics. We'll provide you with a pair of Leica Trinovid 8x42 HD binoculars to encounter the captivating flora and fauna of Table Mountain. Choose to take a private tour with an expert guide, or join a larger group for an unforgettable team hike. Alternatively, set off on your own with the help of our map. Delicious breakfast boxes keep you energised.

KOMBI

Hop aboard the Nellie's Pink Kombi for a memorable surf lesson in Muizenberg. Roxy Surf School provides surfboards, wetsuits and surf lessons to those heading into the warmer waters of False Bay. After catching waves enjoy lunch with a sea view at a seaside restaurant in buzzing Muizenberg or surrounds.

KLOOF STREET

Explore the vibrant dining scene of Kloof Street, your options are plenty. Whether you choose modern Scandinavian dining at Elgr or the storied passages of Kloof Street House, serving traditional favourites. Authentic Indian cuisine is served tapas style at Thali, arrive early to secure a table as this popular restaurant does not take bookings. Rita's Cocktail bar looks out over the bustle of Kloof Street serving cocktails late into the night.