



MOUNT NELSON

A BELMOND HOTEL
CAPE TOWN

INSIDE OUR WALLS

MOUNT NELSON HOTEL

Mount Nelson, A Belmond Hotel, Cape Town
76 Orange Street, Cape Town, South Africa
Hotel WhatsApp: +1 857 256 5088

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WINING AND DINING

THE LOUNGE | Lunch, 12h00 - 15h00 and Dinner, 18h30 - 22h00

Settle into the inviting contemporary Lounge for a refreshing drink or a speciality from our all-day à la carte menu. Enjoy a shady seat on the veranda or terrace, peruse a newspaper and listen to our pianist's melodious playing. For dinner we have Executive Chef, George Jardine's Blackboard - a three-course menu that changes daily that is extremely popular with guests- an à la carte menu is also available.

OASIS BISTRO | Breakfast, 06h30 - 10h30

Take a seat overlooking the pool and gardens for a wholesome buffet breakfast and hot dishes such as eggs Benedict and grilled kippers. In the summer months, linger over lunch menus, Cape Malay chicken curry, Saldanha Bay oysters or crisp, organic salads. Order a thirst-quenching spritz and a butternut quinoa wrap any time as you laze by the pool.

SUNDAY JAZZ BRUNCH | 11h30 - 15h00

Sunday brunches are for swinging to jazzy musical feasts at The Nellie. Add a champagne sparkle with an option for unlimited bubbly. Access to the professionally supervised Children's Club is also included for little ones, so you can sit back and start your Sunday in style. *R575 per adult, R350 per child under the age of 12, R250 for unlimited bubbly.*

CHEF'S TABLE | Wednesday to Saturday, seating 18h30 - 19h30

This must-do dining experience for foodies takes place in the heart of the kitchen. Relish on a personalised, seasonal menu, enjoying a close-up view of Executive Chef, George Jardine, and the talented team of experts at work and a chance to discuss the secrets behind each dish. *R1300 per person or R2000 with a wine pairing.*

PLANET BAR | Daily from 12h00

Relax in this stylish, celestial-themed bar, a favourite among discerning Capetonians. People-watch from the terrace in summer or curl up by the fire in winter, choosing from a superb menu of wines, spirits, some signature cocktails and light dishes.

AFTERNOON TEA | Wednesday to Sunday, 12h00 - 14h00 and 15h00-17h00

Enjoy the most iconic Afternoon Tea in Africa. Head Pastry Chef, Vicky Gurovich and South Africa's first expertly trained tea sommelier, Craig Cupido, have curated a menu that presents five delicacies from the tea service, with a perfectly matched global tea pairing. "Tea at the Nellie" has become a much loved Cape Town tradition. Vegan, gluten-free and kids options available. *R450 per adult, R300 per child under the age of 12.*

OUTDOOR DINING

GOURMET PICNICS | Wednesdays to Sundays, 12h00 - 18h00

In the shade of our timeless trees, have your basket laid out in a sheltered spot in the garden. Picnics are available from October to April, weather dependent. Basket collections are between 12h00 and 13h00. *R450 per person (drinks not included).*

HARVEST TABLE | Available year-round, subject to availability

In the gardens accompanied by a selection of seasonal and innovative multi-cultural dishes served family-style to the table. Perfect for any celebration or just a long lazy lunch with friends and family.

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LIBRISA SPA | Daily, 09h00 - 19h00

Housed in three stylishly restored Victorian heritage homes, this serene spa is set near the main pool in the gardens. Enjoy rejuvenating rituals featuring nourishing local botanicals. Choose from a blissful range of massages, body wraps, facials and bath soaks. There are treatment rooms, including rooms for couples, a tranquil conservatory, plunge pool, steam bath and sauna.

GYM

Looking to tone up or increase your fitness? Visit the fitness centre any time, using your room key card, to work out on state-of-the-art cardio and weight equipment, or let us arrange a personal trainer to put you through your paces.

YOGA,

Stay strong, fit and flexible by booking a one-to-one session for tailored instruction. Classes are held in the studio or al fresco in the gardens. *Additional classes from R1300 per couple per hour session.*

BOOTCAMP

Complimentary “bootcamp” training sessions available on Thursday or Saturday mornings from 08:00 am. Individual training sessions can also be arranged for your convenience. *Additional classes from R540 per hour session.*

TENNIS

Brush up your serve or enjoy a knockabout on our two floodlit hard courts. Make an appointment with professional resident tennis coach to hone your game, either solo or in a group. *From R750 per hour, per person.*

LORD NELSON ROOM

Play a game of billiards or chess next to the fire, or enjoy a drink or complimentary tea or coffee available in the Lounge. Also equipped with a big screen television and cozy couches.

SWIMMING POOLS

Whether you are wanting to relax in tranquillity or enjoy splashing about, we've got the pool for it. The large main pool, located in front of Librisa Spa and Oasis Bistro, is heated up to 28°C and suitable for all ages. Find a quiet spot by the Garden Cottages pool, opposite Reception, which is reserved for over-16s and also heated up to a balmy 28°C.

IF ONLY TREES COULD TALK

A zippy one-hour self-guided walking tour of iconic trees in the tranquil gardens, of the Nellie, which reveal many fascinating threads of Cape Town's history. Trees such as the eighty Canary Island palms that line the driveway entrance. And the nearly 200-year-old wild Olive Tree have borne silent witness to the colourful ebb and flow of historic events in the Cape and indeed of this historical 123 year-old property.

CHILDRENS CLUB

Open all year round on Saturday and Sunday, 10h00 - 17h00
Closed, 13h00 - 14h00

Children aged 4 to 12 can enjoy a range of creative and engaging activities including mosaic making, biscuit decorating and sand art. Organized activities, from group games to storytelling, take place throughout the day.