

A high-angle, vertical photograph of a lush tropical forest. The scene is filled with a dense canopy of green trees, with some taller, more prominent trees in the foreground. A soft, ethereal mist or fog hangs between the tree layers, creating a sense of depth and mystery. The lighting is natural, highlighting the textures of the leaves and the intricate structure of the forest.

WONDERS OF THE JUNGLE

**ONE&ONLY NYUNGWE HOUSE**  
**EXCLUSIVE EXPERIENCES**



## EXPLORE

deep in the heart of this vast African rainforest, a million secrets to uncover, a million treasures to behold... and here, we've curated the most inspirational of them all for you to experience in the finest ways possible

*One&Only*

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GORILLA'S NEST, RWANDA

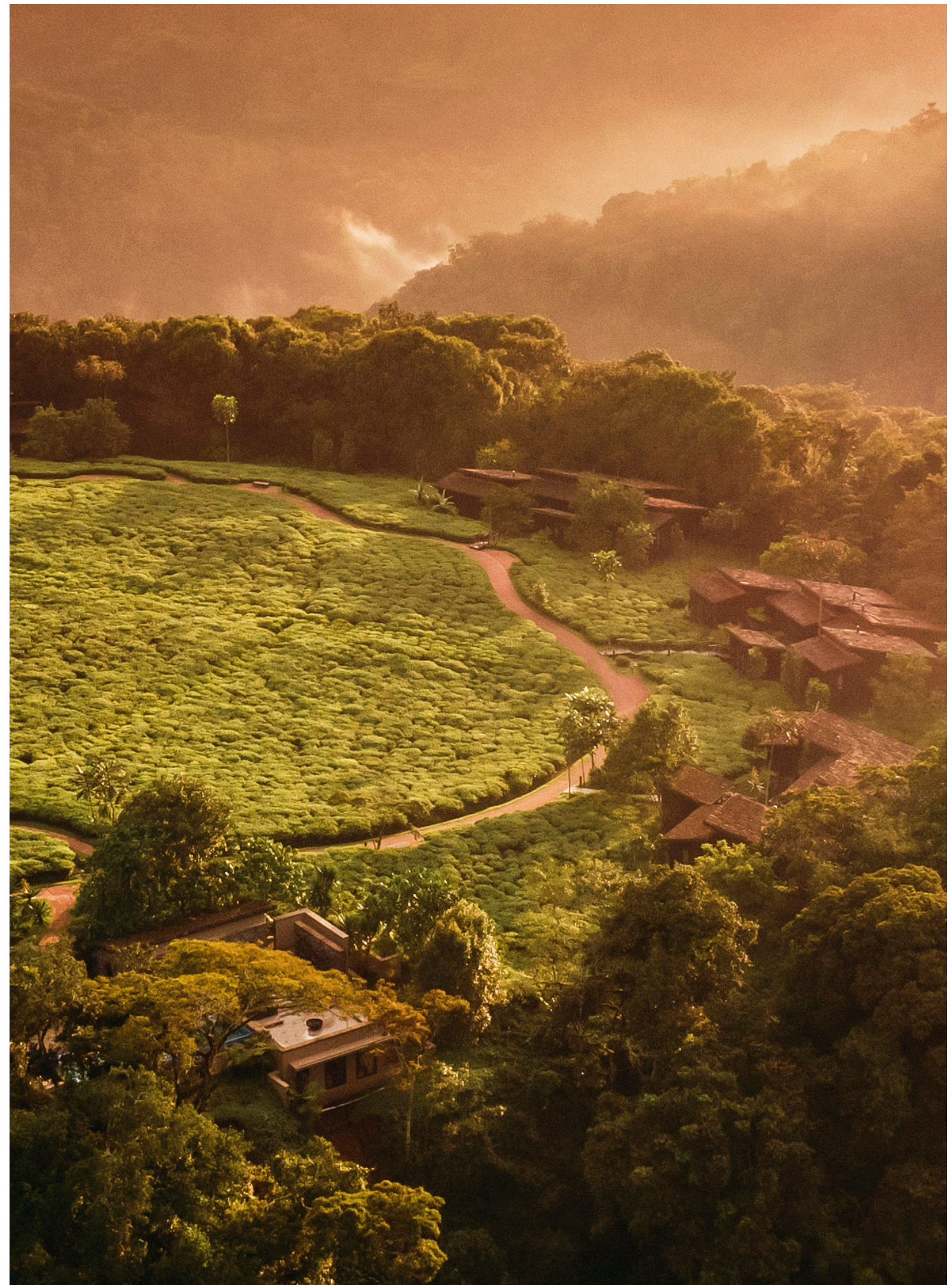




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# ILLUMINATING ADVENTURES 'ON-THE-HOUSE'



## NATURE'S BOOTCAMP

Moderate to challenging

Work up a sweat in a gymnasium unlike any you've seen before – the great outdoors! Allow our motivating guide to lead you on a kinetic workout through the leafy tracks surrounding our tea plantation. The natural landscape is the only equipment you'll need for this jungle-style bootcamp in the fresh, mountain air.

Available daily upon request at Main Lodge  
(60 minutes)  
Complimentary

## SPEAR THROWING

Moderate

An iconic part of Africa's history, the spear is a symbol of strength, but it's also a lot of fun! On a hill top above our tea plantation, enjoy a refreshing cool drink as you learn how to make your own spear take flight and take in the fabulous fresh air views.

Available daily upon request at Main Lodge  
(60 minutes)  
Complimentary

## CONSERVATION

Moderate

We don't just exist within Nyungwe's environment, we exist alongside it, which means conservation is part of our daily routine. Come and explore some of the initiatives that operate within the Nyungwe National Park and also around the resort.

Available daily upon request at Main Lodge  
(60 minutes)  
Complimentary

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## CHEF'S GARDEN

Easy

Our world-class menus must be tasted to be believed, and now you can discover first-hand where the inspiration for every dish begins. Revealing the secrets of seasonal cultivation and flavour, one of our senior chefs will personally guide you through our kitchen's dedicated garden filled with unique native ingredients and a few culinary staples!

Available daily upon request at Main Lodge  
(60 minutes)  
Complimentary

## UMUGANDA: COMMUNITY PARTICIPATION

Moderate to challenging

'Umuganda' has roots back to Rwanda's independence, and is now a nationwide programme where citizens devote the last Saturday morning of every month to working in the local community. From developing infrastructure to environmental protection, you can elect to take part in this positive initiative, giving back to the communities of Nyungwe and getting to know the local people in a uniquely hands-on way.

Available every last Saturday of the month  
(4 hours, 8am - 12pm).  
Complimentary.

## CONSERVATION THROUGH TREE PLANTING

Easy

Join our Experience guide as they take you to prepare a place where you will plant your tree. Our guide will provide you with all equipment and gloves and share with you details about the tree. The plant could be a flower plant where birds collect nectar or a fruit tree for birds and monkeys to feed from. This all forms part of our conservation efforts towards Nyungwe National Park plant life.

Available daily upon request at Main Lodge  
(60 minutes)  
Complimentary



## THE SECRETS OF AFRICAN TEA

Easy

What makes the perfect cup of tea? Some will say it's all in the brew, but our tea expert will show you it starts right at the beginning. You will be invited to go into the tea plantation and learn the art of picking tea leaves and trying it out on your own. Don't miss the interactive and visual presentation revealing the process of growing and processing African tea leaves. No demonstration would be complete without a taste, so you will have the chance to sample some beautiful black tea grown in the local area of Gisakura.

Available daily upon request at Main Lodge  
(60 minutes)  
Complimentary, Maximum 4 persons

## HILLTOP ARCHERY

Moderate

There's fun for all the family as you dabble in the ancient sport of archery. Located on a hilltop in our property's tea plantation, prepare to breathe in the fabulous views as you enjoy a refreshing cold drink and set your sights on the bullseye - ready, aim, fire!

Available daily upon request at Main Lodge  
(60 minutes)  
Complimentary

## EXPLORING BY BICYCLE

Moderate to Challenging

Saddle up and explore the beautiful surrounds of our property, with the breeze in your hair, at a pace that suits you. There's a few hills around and some dirt track riding, but let your friendly guide know and we can tailor the journey to your comfort levels.

Available daily upon request at Main Lodge  
(60 minutes)  
Complimentary, Maximum 8 persons

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NYUNGWE HOUSE, RWANDA

## SIGNATURE NYUNGWE NOCTURNAL SPOTLIGHTING & STARGAZING TOUR

Moderate

When the sun goes down, the forest really comes to life, and now you don't have to miss a thing! Heading out on foot with your expert Field Guide, this private tour uses spotlights to seek out the intriguing nocturnal creatures that emerge from their tree hollows, burrows, nests, and dens at twilight. On clear nights, you can then take a turn on the telescope and hear fascinating stories about the dazzling equatorial night sky. Many of the major planets can be seen just after sunset, while famous constellations reveal their beauty against the dusk.

Available daily upon request at Main Lodge  
(60 minutes)  
Complimentary

## IMIGONGO PAINTING

Easy

Experience Rwandan Art by taking inspiration from the traditional Imigongo artworks. Imigongo is a popular Rwandan art tradition made by women using cow dung. This art is mainly painted in black, white and red. It includes popular themes such as spirals and geometric designs. Imigongo is usually painted on walls, pottery, and canvas. Imigongo art can be seen throughout the Main Lodge as well as in guests' rooms. Join our experienced guide as they teach you the history of Imigongo and create your own Rwanda artwork, a memory to cherish overtime.

Available daily upon request at Main Lodge  
(60 minutes)  
Complimentary







# DISCOVER THE SPIRIT OF NYUNGWE

## THE BEAUTIFUL BIRDS OF NYUNGWE

Easy

Nyungwe is home to an abundant array of unique and captivating bird life, even on our doorstep. Along with our specialist guide, you'll be taken to the periphery of the National Park to spot and learn about the most prolific, iconic and rare species, so get your cameras ready!

Available daily upon request at Main Lodge  
(60 minutes)  
Complimentary

*One&Only*

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NYUNGWE HOUSE, RWANDA









# EVERYTHING YOU NEED TO KNOW

## EVERYTHING YOU NEED TO KNOW

### BOOKING & PREPARING

#### HOW TO BOOK

Our Experience Hosts possess a deep knowledge of the property, the National Park and our beautiful surroundings, and they can design a tailored programme of activities suited to your personal interests and desires, including suggestions for the most scenic picnic locations and points of interest.

Activity bookings must be made directly through Guest Services/Front Office before 6pm daily for next day's activity. For National Park activities, they need to be booked by sending an email to [nyungwe@africanparks.org](mailto:nyungwe@africanparks.org) to book your permits.

#### MEETING POINT

You will be advised of the meeting point for each activity at the time of booking. All scheduled tours will depart promptly at the scheduled start time.

#### CLOTHING & WHAT TO BRING

For all outdoor activities, we recommend suitable outdoor clothing, appropriate to the season and weather, particularly covered or closed shoes for mountain bike riding & hiking. A hat, sun protection, and a waterproof jacket are strongly recommended, and it is important that adequate water is carried for hydration.

The weather in the rainforest and mountains can change quickly, ranging from warm, sunny days, to rainy spells and very cool conditions during winter evenings. We recommend that you pack a range of clothing suitable for all conditions, particularly warm gloves, scarves, and head wear during winter, as well as waterproof outer-wear.

#### TRANSFERS

Luxury SUV vehicle for up to three guests and maximum of six small pieces of luggage.

Kigali International Airport to or from One&Only Nyungwe House: US\$450 per vehicle per way (approx. five[1]hour scenic drive).

Kamembe Airport to or from One&Only Nyungwe House: US\$450 per vehicle per way (approx. 45-minutes drive).

One&Only Nyungwe House to or from One&Only Gorilla's Nest to or from: US\$350 per vehicle per way (approx. 4.5-hour scenic drive).

One&Only Nyungwe House to the National Park for activities: US\$450 per day.

#### TERMS & CONDITIONS

Cancellation policies apply for Signature & Private Touring Experiences, with cancellations required at least 8 hours prior to the start of the activity. Full fee will be charged for cancellations made outside this period.

Please bear in mind that some activities may be affected by inclement weather. We will, however, do everything possible to accommodate your activity request. Activities may be cancelled or postponed by resort management or National Parks in adverse or dangerous weather conditions, in which case cancellation penalties will not apply.

Prices are subject to change without prior notice.

*One&Only*

NYUNGWE HOUSE, RWANDA









- 1 ARRIVAL GATEHOUSE
- 2 ARRIVAL
- 3 RECEPTION AND TEA LOUNGE
- 4 BAR AND DINING
- 5 ONE&ONLY SPA
- 6 SUITES
- 7 VILLA CLUSTER
- 8 SWIMMING POOL
- 9 FITNESS CENTRE
- 10 GISAKURA TEA PLANTATION
- 11 RAINFOREST

--- OUR FAVOURITE WALKING/  
JOGGING ROUTE 2.8KM

NYUNGWE FOREST  
NATIONAL PARK





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