

CAPE TOWN

LUNCH SPOTS



CAPE TOWN OFFERS UNIQUE EXPERIENCES, FUN, RELAXATION AND ADVENTURE.



CAPE TOWN'S CITY CENTRE IS A MELTING POT OF CULTURAL DIVERSITY, WITH SO MANY RESTAURANTS TO EXPLORE THAT IT WOULD TAKE YOU MONTHS TO EXPERIENCE THEM ALL. HERE IS OUR SELECTION OF THE LOCALS' FAVOURITES. ENJOY!

RESTAURANTS

COMPANY'S GARDEN RESTAURANT, GARDENS

The newly refurbished restaurant in the Company's Garden was clearly built with families in mind. Serving a selection of light meals and all the local teatime favourites, the new-look restaurant takes full advantage of the gardens around it by incorporating a number of quaint little hideaways for the kids to play in while their parents enjoy their food.

www.thecompanysgarden.com

IYO BURGERS, CITY BOWL

One of the newest burger spots in the city, IYO Burgers only uses the freshest produce in its meals. The burgers are extremely good and you have a choice of replacing the bun with a salad. It is rumoured that IYO sells the best curly fries in Africa.

www.iyoburgers.co.za

BACON ON BREE, CITY BOWL

Cape Town's first – and only – baconporium, Bacon on Bree is your port of call if you enjoy bacon. You will find a comprehensive menu of bacon-based favourites from the traditional BLT to the Smokey Joe – and more!

www.bacononbree.com

ORINOCO, CITY BOWL

Experience the authentic flavours of Latin America with tasty specialities from the Venezuelan-born chef. Orinoco's signature dishes are its tasty platters for two with a selection of fish, meat or vegetarian treats.

www.orinocoflavours.co.za

MINT, CITY CENTRE

Located in the old Reserve Bank building, Mint is the Taj Cape Town's informal all-day dining restaurant. Specialising in innovative international and local fare, the restaurant sits on the upper end of St George's Mall and is a great spot to get away from the city bustle.

www.tajcapetown.co.za/mintrestaurant

DELIS AND MARKETS

EARTH FAIR, ST GEORGE'S MALL

Running every Thursday from 11am to 3pm, Earth Fair Food Market at St George's Mall is famous for its great vibes and healthy energy along with organic and ethically produced food that is always delicious.

EASTERN FOOD BAZAAR, CITY CENTRE

Enjoy mystical Middle East decor while dining on extremely affordable and tasty food. You'll find shwarmas, kebabs, breyanis and more at Eastern Food Bazaar.

www.easternfoodbazaar.co.za

HOPE STREET MARKET, GARDENS

From designer clothing to designer chocolate, the City Bowl Market on Hope Street in the pretty suburb of Gardens offers delicious food, live music and a warm, happy atmosphere. This regular attraction, set in a prestigious historic building, is ideal for families.

www.citybowlmarket.co.za

LOCAL FLAVOUR

Nobody knows Cape Town better than a local. When you're in town, be sure to visit our visitor information centre in Burg Street, where our team will help you to discover our city. Take a walking tour with one of two guides, who depart daily from the Information Centre between Monday and Saturday. Call **0861 322 223** for more details. Download the **Voicemap app** for a choice of audio walking tours in the city centre.

www.capetown.travel/content/landing/walkingtour



CAPE TOWN
TOURISM

www.capetown.travel

ISSUE DATE: AUGUST 2015

Please contact Cape Town Tourism for further information, details of service providers and bookings.

Phone: +27 (0)86 132 2223 | Email: marketing@capetown.travel

[@CapeTownTourism](https://twitter.com/CapeTownTourism) | www.facebook.com/capetown.travel