



# One Horizon

*broadening your horizon... brightening theirs.*

## The Power of One

### A Day That Will Change Your Life

It's not about building school rooms and painting fences.

It's about visiting and connecting

*One Horizon is a humanitarian organisation that conducts unique tours. Its itineraries have a community focus that enables you to give back to the people of this amazing country. You will never be the same again after experiencing One Horizon's incredible Kenyan tour package*



## You will visit Kawangware - One Horizon's refuge centre for children in Nairobi

- 9.00 am meet your One Horizon guides and receive a briefing at your hotel. Today's outing will be at a Community Refuge Centre for 75 children in the heart of Kawangware, which is one of the most economically deprived communities in Nairobi. You can take part in the activities that are turning children's lives around, helping to feed the children and guided every step of the way by One Horizon staff
- 4.00 pm: Day 1 concludes with One Horizon returning you to your hotel



### Day 1 Inclusions

- All transfers to and from One Horizon's centres in air conditioned vehicles
- A full day of organised low impact activities
- Breakfast and lunch
- Unlimited bottled water/coffee
- Overnight accommodation at the Sarova Panafric Hotel in Nairobi (subject to availability) or equivalent
- One Horizon team members with you every step of the way



**THE ITINERARY CONCLUDES AT THE END OF DAY 1**



## An Incredible Day

One Horizon is not a tour operator nor are its community's tourist attractions. You will see aspects of life that other travellers rarely get to see and in locations inaccessible to others. And your contributions and the programs they fund make a real difference to helping people break the poverty cycle. We couldn't feed children, provide fresh water, medicines and retrain people without your help. We don't ask you to build things or to have trade skills. But we do ask you to bring and apply your life and communication skills. As we always say, *"It's not about building school rooms and painting fences'. It's about visiting and connecting"*. Our communities are uplifted by the fact that other people care. So come and see for yourself how your support is changing the lives of the women and children in our communities

### What you can become involved in

- Organising and recording health checks for students
- Helping us with our feeding program - helping us preparing lunch
- Helping our teachers in the classroom
- Organising our painting classes with the children
- Physical education and exercises
- Face painting
- Taking the children on outings

### Why we do this

- We track pupil health
- The children are under weight and malnourished
- To provide new learning experiences
- Helping kids become kids again
- To improve the overall health of children
- A great way to meet the children
- To broaden their perspective



## For bookings and enquiries

### For all enquiries (except USA)

Email enquiries: [enquiry@onehorizon.net](mailto:enquiry@onehorizon.net)

### For enquires form the United States

Email enquiries: [usa-enquiries@onehorizon.net](mailto:usa-enquiries@onehorizon.net)

### The following items are not included in the cost

- International flights & airport tax
- Visa fees
- Porterage's, tipping and gratuities to staff and guides
- Drinks, laundry, telephones and other personal extras
- Any sightseeing not mentioned on the program